

Fall Session 2024

as of 11 June 2024



Membership of \$65.00 payable at registration
(Annual fee subject to change based on new pricing)



Class payment options - 3 month installment plans available and initial deposit

General Gymnastics Classes (6 yrs & up) 13 week session

1 hour/week class - \$309 & 1.5 hour/week class - \$400

FIRST CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Sept 11	Sept 12	Sept 13	Sept 14	Sept 15	Sept 16

CANGYM RECREATONAL PROGRAM for 6 to 9 yrs old

MORE CLASSES MAY BE ADDED

BURGUNDY/RED 6-9 years	4:00-5:00	4:00-5:00	4:00-5:00	5:00-6:00	5:00-6:00	9:30-10:30
	5:00-6:00	5:00-6:00	5:00-6:00	6:00-7:00 Boys		10:00-11:00
	5:00-6:00 Boys	6:00-7:00 Boys	5:00-6:00 Boys	6:30-7:30		10:30-11:30
	6:00-7:00		6:00-7:00			11:30-12:30
	7:00-8:00		7:00-8:00			
TAN/BRONZE 6-9 years	4:00-5:00	4:00-5:00	5:00-6:00	4:30-5:30	4:00-5:00	9:30-10:30
	4:30-5:30	5:00-6:00	5:30-6:30	5:30-6:30	6:00-7:00	10:30-11:30 (2)
	6:00-7:00	6:00-7:00 Boys	6:00-7:00	6:00-7:00		11:30-12:30
	6:30-7:30	7:00-8:00	7:00-8:00			
PURPLE/BLUE & TURQ 6-9 years	5:30-7:00	7:00-8:30	6:30-8:00	7:00-8:30	6:00-7:30	11:30-1:00
	7:00-8:30					
Ninja Gymnastics 6-9 years					5:00-6:00 6:00-7:00	
TEEN PROGRAM for 10 yrs & up						
BEG. TEEN (Burg/Red)	5:00-6:00 Boys		6:00-7:00			
	5:00-6:00					
PRE-INT. TEEN (Tan/Bronze)	6:00-7:00	5:00-6:00	6:00-7:00			
	7:00-8:00	6:30-7:30	7:00-8:00			
INT. TEENS (Purple/Blue/Turq)	7:00-8:30		7:00-8:30			12:30-2:00
ADV. TEENS (Silver & Up)	7:00-8:30		7:00-8:30			
Ninja Gymnastics 10 & up					6:00-7:00 (2)	
LAST CLASS	Dec 11	Dec 12	Dec 6	Dec 7	Dec 15	Dec 16

HOMESCHOOL - if you have 4 or more participants, contact us to set up a daytime class that fits your schedule!

Home School

ACHIEVERS - full year program - trains 2x/wk x 2/hrs following the 3 sessions (35 wks) (see matching #) \$2324 yrly/mthly pymt options

Must have completed CanGym PURPLE LEVEL & up	5:00-7:00 (8-10 yrs)	4:30-6:30 (8-10 yrs) 6:30-8:30 (11 yrs & up)	4:30-6:30 All Ages	4:30-6:30 (8-10 yrs) 5:00-7:00 (8-10 yrs) 6:30-8:30 (11 yrs & up)	4:30-6:30 (All Ages)	

Must be 8 yrs old by Sept 30th. Designed for advance Rec level athletes. Ask about our demo team!!

INCLUSION PROGRAM - Great for participants with special needs.

I CAN - INCLUSION CLASSES	Tuesdays	Sundays	COST - \$426/ 13 wks
FUN DISCOVERY KIDS - 3-5 years		10:15-11:15	This class will have the gym to themselves in a quiet environment with no interruptions.
FUN DISCOVERY KIDS - 6+		11:15-12:15	
Evolution Kids Coach Recommended	4:30-5:30 5:30-6:30		For athletes transitioning from the Fun Discovery Kids program. Registration not available online

Please Note: Dynamyx reserves the right to cancel, add or change classes due to registration and/or coach availability.

There will be no classes Thanksgiving - Oct 14, Halloween - Oct 31 & Remembrance Day - Nov 11

Register ONLINE: <https://dynamyx.uplifterinc.com/>

Bay # 110, 175 Carleton Drive, St Albert AB (780) 458-3153